



ECOLOGY of AWAKENING

Awakening Immersion



August 1 – August 5, 2018

PRIVATE RESERVE, OCCIDENTAL, CA

Kerry Brady, Anita Doyle and Michael Stjernholm with guest instructor Brock Dolman

The Awakening Immersion is designed to support an embodied shift, out of what is conditioned and separate, into what is ever-evolving and connected with all life. The invitation is to an active engagement with the constant whisperings within and without, and to live with a more intimate and conscious encounter with the world at large. For five days we live in the rolling coastal hills of Occidental, CA in a spectacular ecosystem marked by active waterfalls, coastal prairie meadows, old-growth fir and oak woodlands that dwell in serpentine soils.

We will draw from the new sciences, nature-based processes, listening meditation, inner and outer tracking, dreamwork, somatic resiliency work, council and other practices, with a special emphasis on dreamwork and what it is to embody our awakening. In this fertile space, we come to discover our simultaneous undivided unity with existence as well as the unique expression that seeks to realize itself through each one of us for the good of the whole. In the end, we will dance with the way life, in its unerring intelligence, is always working with us in a perfect call and response.

The Immersion Retreat helped to catalyze my deep longing for transformation—without the demands of a specific theology or a dogmatic approach to the human journey. Ecology of Awakening's approach is to invite each individual to embrace their sacred journey in relationship to the Earth, each other and the Ineffable.

**PATRICIA DE JONG,
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