



ECOLOGY of AWAKENING

Awakening Vision Fast



September 26 – October 6, 2018

MOJAVE NATIONAL PRESERVE, CA

Kerry Brady and Michael Stjernholm

The Awakening Vision Fast is an invitation to step beyond your borders and discover your deepest belonging, both to yourself and to the larger web of life. By removing ourselves from our everyday context and immersing ourselves in the rhythms and cycles of the natural world, we reconnect with our deepest identity—that which is vast, ever changing and intimately connected with all of Life. Rather than seeking a one time vision that will carry us through a lifetime, the focus of this journey is towards supporting a new way of being to avail ourselves, over and over, to the myriad of ways that life, inwardly and outwardly, guides each one of us.

Whether you are called to this journey for yourself, for our larger human community, for the Earth, or for reasons unbeknownst to you, the journey offers powerful transformation, healing, and insight. At the center of the journey are three days and nights immersed in the stark grandeur of the Mojave National Preserve and the traditional land of the Chemehuevi people. As the rational mind quiets and gives way to the vast silence of the desert, an ever-present and innate wisdom rises up, offering clarity and insight upon our most mystifying and perplexing questions.

How can we be stewards of the Earth if we don't know how to listen to her? How can we heal the planet if we don't heal ourselves and our brothers and sisters as a part of that process? This is where the vital work of Ecology of Awakening comes in.

M.S., PUEBLO, CO

This journey has unlocked my heart and sent my soul singing. I've been able to place my singular story in the context of the larger unfolding of the village, the earth, the dance of the universe expressing itself. EOA is a container masterfully woven from the heart's own sinews. It is a vital journey to take, do not skip it!"

S.R., SANTA CRUZ, CA